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For immediate release

Contacts:

Michael MacFee | mmacfee@mpt.org | 410-581-4262

Emily Greco | egreco@nevinspr.com | 443-686-1331

NOTE: Interviews with Series Producer Robert Ferrier are available. In addition, Nov. 21 episode photos and the series logo are available to download from MPT's Dropbox [HERE](#).

MPT series *Maryland Farm & Harvest* visits Frederick, Prince George's counties and Baltimore City during November 21 episode

New "Farm to Skillet" segment features Ekiben chef Steve Chu

OWINGS MILLS, MD – [Maryland Public Television's](#) (MPT) original series [Maryland Farm & Harvest](#), now in its 11th season, will feature farms and locations in Frederick and Prince George's counties and Baltimore City during an episode premiering on Tuesday, November 21. A preview of the episode can be found on MPT's YouTube channel at youtube.com/watch?v=Qmlun2ndQgA.

Maryland Farm & Harvest airs on Tuesdays at 7 p.m. on MPT-HD and online at mpt.org/livestream. Following their broadcast premiere, episodes are also available to view on demand using MPT's [online video player](#) and the [PBS App](#). Encore broadcasts air on MPT-HD on Thursdays at 11 p.m. and on Sundays at 6 a.m. Episodes also air on MPT2/Create® on Fridays at 7:30 p.m.



The popular weekly series takes viewers on a journey across the Free State, telling engaging and enlightening stories about the farms, people, and technology required to sustain and grow agriculture in Maryland, the state's number one commercial industry.

Joanne Clendining, who has earned two regional Emmy® awards for her work on *Maryland Farm & Harvest*, serves as series host. She is joined by Al Spoler, host of "The Local Buy" segments, and by a rotation of local chefs who each take a turn hosting a new segment called "Farm to Skillet," during which viewers are led through the process of finding, preparing, and presenting the locally produced ingredients that make up some of the chefs' favorite dishes.

With introductions filmed at **Deep Run Farms in Westminster (Carroll County)**, the November 21 episode features the following segments:

- **Moo Cow Creamery (Frederick County).** Although the outlook for small dairy operations can seem bleak, the Moser family of [Moo Cow Creamery at Walnut Ridge Farm](#) in **Middletown** is devoted to keeping the milk flowing. By incorporating value-added products such as cheese, butter, and ice cream and using cows that produce A2 milk – a variation some people find easier to digest – the family is able to keep the business going and sell milk products to customers who thought they were done with dairy.
- **Deep Roots Farm (Prince George’s County).** After pivoting from accounting to farming, Ann “Farmer Gale” Sutton purchased a 50-plus-acre plot of land in **Upper Marlboro** in 2019. Despite the onset of COVID-19 and discovery that her newly purchased fields were deficient in the nutrients needed to grow produce, she’s been able to regenerate her farm’s soil and today operates a successful farming business while transforming an old barn on the property into a center for agricultural education.
- **Farm to Skillet: Chef Steve Chu, Fells Point Farmers Market (Baltimore City).** Chef Steve Chu, co-founder of [Ekiben](#), leads viewers through the [Fells Point Farmers Market](#), where he finds beef from **Albright Farms**, vegetables from **Hillside Meadows Farms**, seafood from **Coastal Canyon Seafood**, and other fresh produce from local growers. With ingredients in tow, he travels to Ekiben’s newest location in **South Baltimore** to prepare Surf and Turf Lo Mein, combining flavors of China and Baltimore to make what Chu calls “the most Maryland thing ever.” The recipe will be available for viewers to try for themselves at mpt.org/farm.

Nearly 16 million viewers have watched *Maryland Farm & Harvest* on MPT since the series’ debut in 2013. The series has traveled to nearly 450 farms, fisheries, and other agriculture-related locations during its first 10 seasons, covering every Maryland county, as well as Baltimore City and Washington, D.C.

Past episodes can be viewed at video.mpt.tv/show/maryland-farm-harvest/, while episode segments are available on the series’ YouTube channel at youtube.com/c/MarylandFarmHarvest/featured. Engage with the show on social media [@MarylandFarmHarvest on Facebook](#) and [@mdfarmtv on Instagram](#).

The Maryland Department of Agriculture is MPT’s co-production partner for *Maryland Farm & Harvest*. Major funding is provided by the Maryland Grain Producers Utilization Board.

Additional funding is provided by Maryland’s Best; a grant from the Rural Maryland Council Agriculture Education and Rural Development Fund; Maryland Agricultural Resource-Based Industry Development Corporation (Marbidco); a grant from the Maryland Department of Agriculture Specialty Crop Block Program; Farm Credit; Maryland Soybean Board; Maryland Association of Soil Conservation Districts; Wegmans Food Markets; Maryland Nursery, Landscape & Greenhouse Association; Maryland Farm Bureau; The Keith Campbell Foundation for the Environment; and a contribution made by the Citizens of Baltimore County. Other support comes from the Mar-Del Watermelon Association and Maryland Agricultural Education Foundation.

SYNOPSIS OF NOV. 21 EPISODE:

Frederick County-based Moo Cow Creamery at Walnut Ridge Farm pivots to produce stomach-friendly A2 milk and dairy products. “Farmer Gale” of Deep Roots Farm in Upper Marlboro uses entrepreneurial spirit, science, and hard work to turn more than 50 acres of dormant land into a thriving farm and agricultural education center. In the series’ first-ever “Farm to Skillet” segment, Ekiben chef Steve Chu heads to the Fells Point Farmers Market in Baltimore and then to his restaurant’s kitchen to show viewers how to make Surf and Turf Lo Mein.

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About Maryland Public Television

Maryland Public Television (MPT) is a statewide, public-supported TV network and Public Broadcasting Service member offering entertaining, educational, and inspiring content delivered by traditional broadcasting and streaming on TVs, computers, and mobile devices. A state agency, it operates under the auspices of the Maryland Public Broadcasting Commission. MPT creates and distributes local, regional, and national content and is a frequent winner of regional Emmy® awards. MPT's commitment to educators, parents, caregivers, and learners of all ages is delivered through instructional events and Thinkport.org. MPT's year-round community engagement activities connect viewers with resources on a wide range of topics. For more information visit mpt.org.